

Ohio Valley Heroin & Opioid Community Action Plan

Education

Goal 1: Educate our students, parents, and community about the dangers of heroin and opioid use.			
Action Steps:	Persons Responsible	Timeline	Progress Status
<p>1. Develop a link to the RESA-6 Regional School Wellness website that provides a PowerPoint including the following information:</p> <ul style="list-style-type: none"> • Defines the danger of Heroin and Opioid use • Provides prevention education • Identifies intervention strategies, resources, and local partnerships • Recommendations for future goals and action steps 	<p>School Administrators</p> <p>RESA-6 WVEIS Facilitator</p> <p>Regional School Wellness Specialist</p> <p>County Technology Coordinators</p>	December, 2014	Monitor RESA-6 Regional School Wellness Website
<p>2. Create materials and information to distribute or share with students, parents, and community about Heroin and Opioid use such as the following:</p> <ul style="list-style-type: none"> • Online Opiate Toolkit Overview for students, educators, and parents http://www.starkmhrs.org/site/PageServer?pagename=Toolkit • Anonymous Tip Line 411 • Ohio Valley Drug Task Force: 304-234-6092 • Brooke and Hancock County Drug Task Force: 403-797-8574 	<p>School Administrators</p> <p>Guidance Counselors</p> <p>School Nurses</p>	January, 2015 to December 2015	Gather Distributed Materials

<ul style="list-style-type: none"> • Posters • Newsletters • Brochures • Ads in athletic programs • School websites • School sponsored radio and television programs • RESA-6 Newsletters 	<p>Health/Physical Education Teachers</p> <p>Athletic Directors</p> <p>County Technology Coordinators</p> <p>Regional School Wellness Specialist</p> <p>Police Department</p> <p>Sheriff Department</p>		
<p>3. Include the following information in defining the dangers of Heroin and Opioid Use:</p> <ul style="list-style-type: none"> • Define substance abuse • Define the health risks involved with substance abuse • Drug prevention • Define heroin and opioid narcotics as well as morphine and codeine • Analyze the relationship between medicines, health promotions, and disease prevention • Analyze the harmful effects of drugs on a fetus • Analyze the harmful effects of drugs— physical, mental, social and legal consequences 	<p>School Administrators</p> <p>Guidance Counselors</p> <p>School Nurses</p> <p>Health/Physical Education Teachers</p>	<p>January, 2015 to December 2015</p>	<p>Review Information</p>

<ul style="list-style-type: none"> • Examine the harmful effects of psychoactive drugs on the body system • Describe the differences between prescription and over-the-counter medicine • Analyze the influence of laws, policies, and practices on health-related issues including those related to the safe use of medicines for disease prevention 	Athletic Directors Prevention Resource Officers Regional School Wellness Specialist		
<p>4. Provide Prevention Education to students within the school curriculum and extra-curricular activities, including:</p> <ul style="list-style-type: none"> • Prevention Resource Officers program • DARE classes—ten week Drug Prevention program facilitated to 5th grade and 7th grade students • Character Education including drug prevention lesson plans to grade levels • Keep A Clear Mind Program • Modern Health Class—Course designed to cover information and current events in health-related fields including narcotics, teen pregnancy, suicide, bullying, and social networking • Career and Technical Simulated Workplace Program • Drug prevention videos shown in designated classes and the school cafeteria during lunch time • Ohio Valley Athletic Conference Varsity Board Program • Special guests lecture on Heroin and Prescription Pill Abuse 	School Administrators Guidance Counselors School Nurses Health/Physical Education Teachers Career and Technical Education Teachers Athletic Directors Prevention Resource Officers	January, 2015 to December, 2015	View School Lesson Plans

<p>5. Provide Drug Prevention Education to parents at the following schools events:</p> <ul style="list-style-type: none"> • Parent meetings • Open House • Parent meetings sponsored by the Prevention Resource Officers • Parent meetings sponsored by the Police Department • Parent meetings sponsored by the Sheriff Department • Parent meetings sponsored by Guidance Counselors 	<p>School Administrators</p> <p>Guidance Counselors</p> <p>Title I Teachers</p> <p>School Nurses</p> <p>Health/Physical Education Teachers</p> <p>Prevention Resource Officers</p> <p>Regional School Wellness Specialist</p> <p>Police Department</p> <p>Sheriff Department</p>	<p>January, 2015 to December, 2015</p>	<p>Collect Agendas and Sign-In Sheets</p>
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<p>6. Provide Drug Prevention Education to students, parents, and the community through the following venues:</p> <ul style="list-style-type: none"> • Town hall meetings • Athletic Functions • JumboTron • Local Media • Social Media • Community meetings sponsored by the school • Ohio County Substance Abuse Prevention Coalition • Governors Substance Abuse Task Force 	<p>School Administrators</p> <p>Guidance Counselors School Nurses</p> <p>Health/Physical Education Teachers</p> <p>Athletic Directors</p> <p>County Technology Coordinators</p> <p>Prevention Resource Officers</p>	<p>January, 2015 to December, 2016</p>	<p>Create School Portfolio</p>

Goal 2: Identify resources and local partnerships to help prevent heroin and opioid use.

Action Steps:	Persons Responsible	Timeline	Progress Status
<p>1. Identify resources, including:</p> <ul style="list-style-type: none"> • U.S. Attorney William Ihlenfeld • County Sheriff Department • Police Department • Local Medical Experts and Pharmacists • RAZE Drug Prevention Program • Never Alone • Drug Free Clubs of America • School Safety Committees • School and Countywide Wellness Committees • RESA-6 Wellness Program • Extended School Mental Health Clinic • Mental Health Facilities • Ohio Valley Athletic Conference Sports World • Anonymous Tip Line 411 • Mothers Against Drunk Driving • Students Against Destructive Decisions Club • Juvenile Drug Court • Youth Reporting Center • Juvenile Mediation • Northwood Health Systems • Ohio County Substance Abuse Prevention Coalition • Brooke and Hancock County Advocates for Substance Abuse Prevention 	<p>School Administrators</p> <p>Guidance Counselors</p> <p>School Nurses</p> <p>Health/Physical Education Teachers</p> <p>Athletic Directors</p> <p>Prevention Resource Officers</p> <p>Regional School Wellness Specialist</p>	<p>January, 2015 to December, 2016</p>	<p>List Resources</p>

<p>2. Identify local partnerships, including:</p> <ul style="list-style-type: none"> • Local medical facilities • Local wellness and fitness centers • Local law enforcement • Media • Ohio Valley Athletic Conference • Ohio County Substance Abuse Prevention Coalition • Brooke and Hancock County Advocates for Substance Abuse Prevention • Local School Improvement Councils • West Virginia Department of Education • RESA-6 • Local Attorneys • Prosecuting Attorney • Partners in Education which include restaurants, retail, medical agencies, service organizations, funeral homes, businesses, etc. • Ohio Valley Heroin & Opioid Community Action Plan Mental Health/Substance Abuse Treatment Committee • Ohio Valley Heroin & Opioid Community Action Plan Business/Legislative Committee • West Virginia Department of Health and Human Resources 	<p>School Administrators</p> <p>Guidance Counselors</p> <p>School Nurses</p> <p>Health/Physical Education Teachers</p> <p>Athletic Directors</p> <p>Prevention Resource Officers</p> <p>Regional School Wellness Specialist</p>	<p>January, 2015 to December, 2016</p>	<p>List Partners</p>

Goal 3: Develop recommendations for future goals and action steps to help prevent heroin and opioid use.

Action Steps:	Persons Responsible	Timeline	Progress Status
<p>1. Identify and prioritize recommendations for future goals and action steps, including:</p> <ul style="list-style-type: none"> • Develop Drug Prevention classes to be presented to parents and students • Inform middle school students about the high school level “Drug Free Clubs of America” and encourage joining and participating • Show DVD “Facts of Death” (actual individuals who are addicts) in high school health classes • Drug Free Fridays • Encourage association and participation with Drug Free Clubs of America Program • Development of Anonymous Tip Line 411 • Peer Mentoring • Continue to have law enforcement speakers about narcotics • Arrange for former students who have been incarcerated for drug issues to speak to high school students • Arrange for pharmacists to speak to high school students about pain medication and share information about Drop Boxes • Implement use of videos 	<p>School Administrators</p> <p>Guidance Counselors</p> <p>School Nurses</p> <p>Athletic Directors</p> <p>Classroom Teachers</p> <p>Prevention Resource Officers</p> <p>Regional School Wellness Specialist</p> <p>Police Department</p> <p>Sheriff Department</p>	<p>December, 2015 to December, 2016</p>	<p>Recognize New Initiatives</p>

<p>2. Encourage attendance and participation for school and community stakeholders.</p> <ul style="list-style-type: none"> • Advertise meetings through local media and social media • Advertise meetings at schools and school events • Utilize school clubs to advertise meetings 	<p>School Administrators</p> <p>Guidance Counselors</p> <p>School Nurses</p> <p>Classroom Teachers</p> <p>Prevention Resource Officers</p> <p>Regional School Wellness Specialist</p>	<p>December, 2015 to December, 2016</p>	<p>Evaluate Awareness</p>